

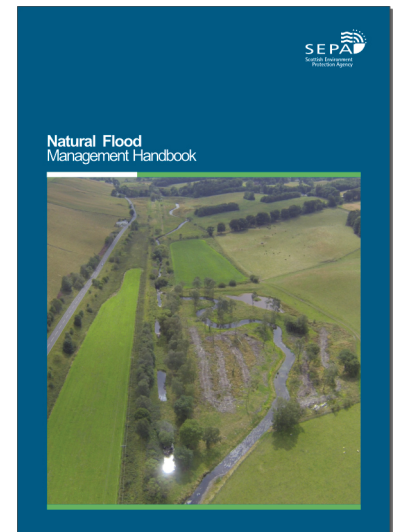
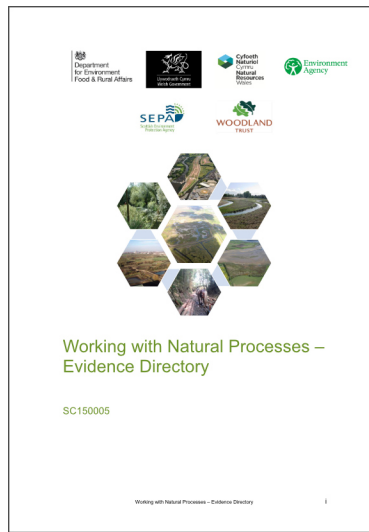
DS5



Natural flood management

Natural flood management (NFM) is the restoration of natural processes and forms to reduce flood risk for downstream communities. Interventions can include floodplain re-connection, woodland creation and large woody dams. This manual contains techniques which, for the most part, focus on floodplain re-connection and the creation of floodplain features and habitats. They are grouped by energy and are placed on a spectrum of working with natural processes.

Other NFM techniques can be found in other resources such as the Environment Agency's '[Working with natural processes to reduce flood risk](#)' evidence base and the Scottish Environment Protection Agency's '[Natural Flood Management Handbook](#)'.



	High	Working with natural processes	Low
Low Energy	<p>6.1 Floodplain spillways</p> <p>6.2 Land profiling</p> <p>6.2 Land profiling</p> <p>6.3 Removing & setting back flood banks</p>		<p>7.1 Floodplain scrapes</p>
Medium Energy	<p>6.4 Breaching flood banks</p>		<p>7.2 Floodplain wetland mosaic</p>
High Energy			