



the River Restoration Centre

Working to restore and enhance our rivers

Delivering River Restoration: Recipes for Success

13TH ANNUAL NETWORK CONFERENCE



Restoring Europe's Rivers



ARUP



SIMPLY IS THE BEST

Nigel Holmes

KEY MESSAGES

- Use what nature provides if at all possible
- Work with natural processes and accentuate
- Energise dead systems
- Know when and where to create turbulence
- Don't fuss and be too tidy – smooth edges rarely good
- Manipulate to set healing process in train – let the river do the rest
- Evaluate success by invisibility of involvement and positive landscape and biological responses.

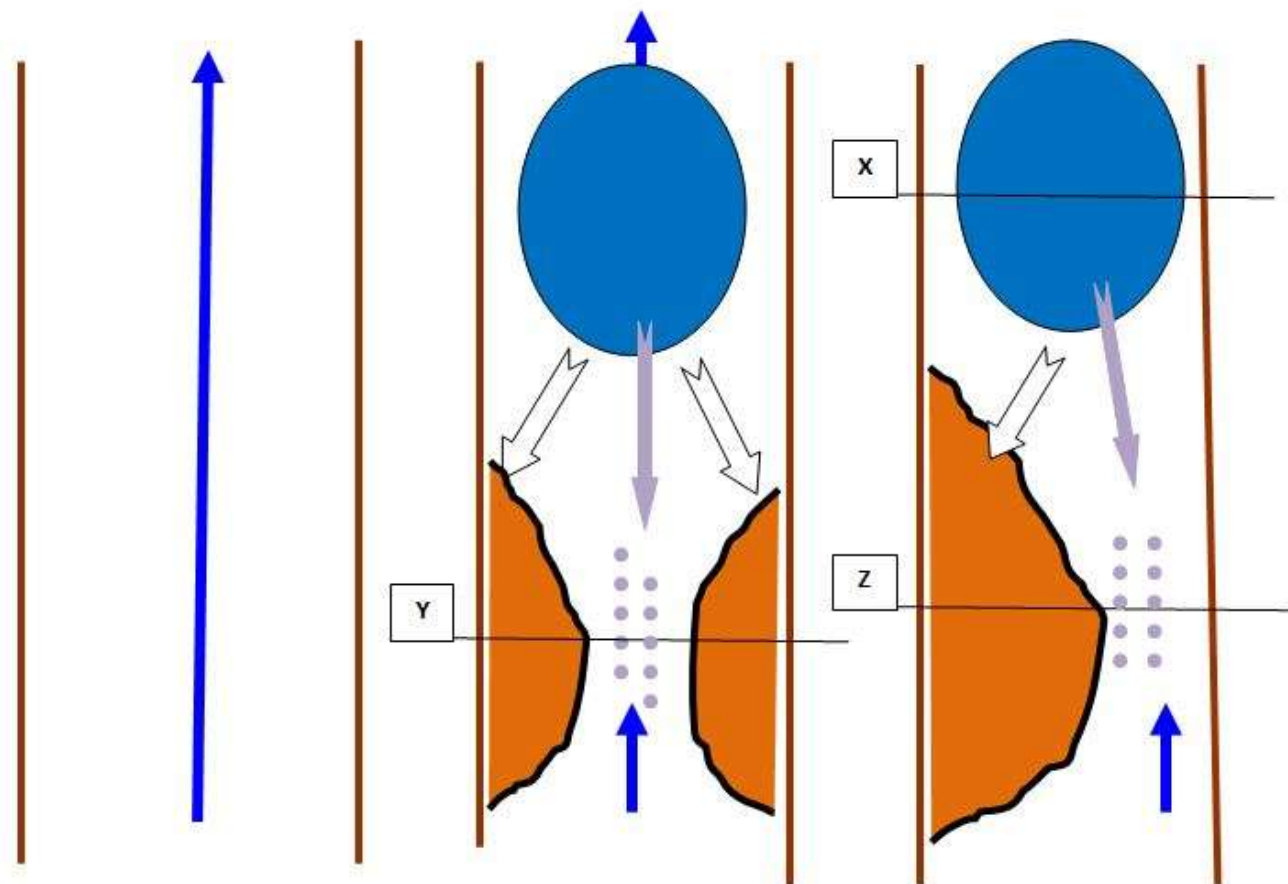
1. ILLUSTRATION FROM PROJECT 3 WEEKS AGO: RIVER NAR IN NORFOLK

- Imported material - 20 tonnes of gravel and some wire!!
- Two woody debris dams
- 40 self-sustaining pools
- 36 'riffles' associated with channel narrowing
- Eight backwaters
- Total cost: £<22k over 1.3km

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KEY ELEMENTS: UNDOING ENGINEERED UNIFORMITY (X & LS)

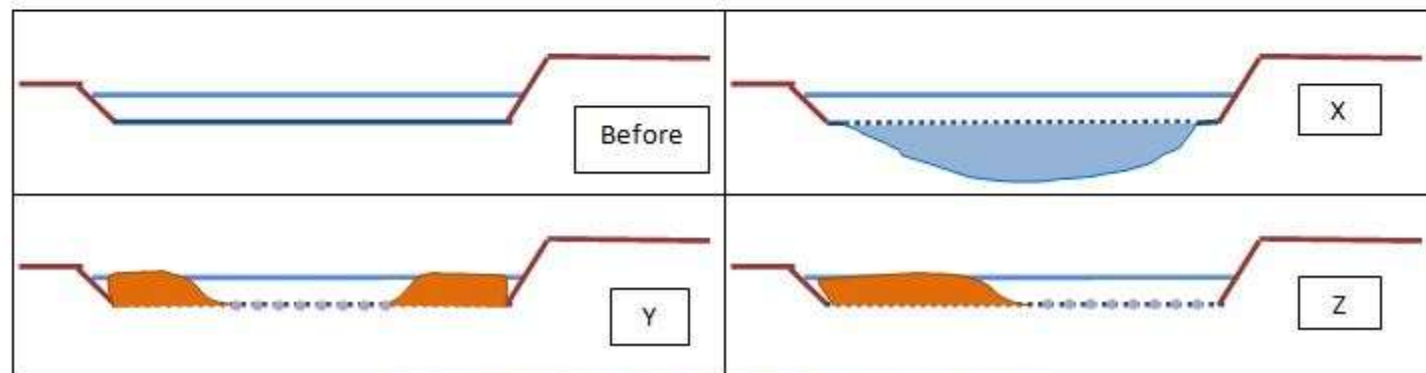
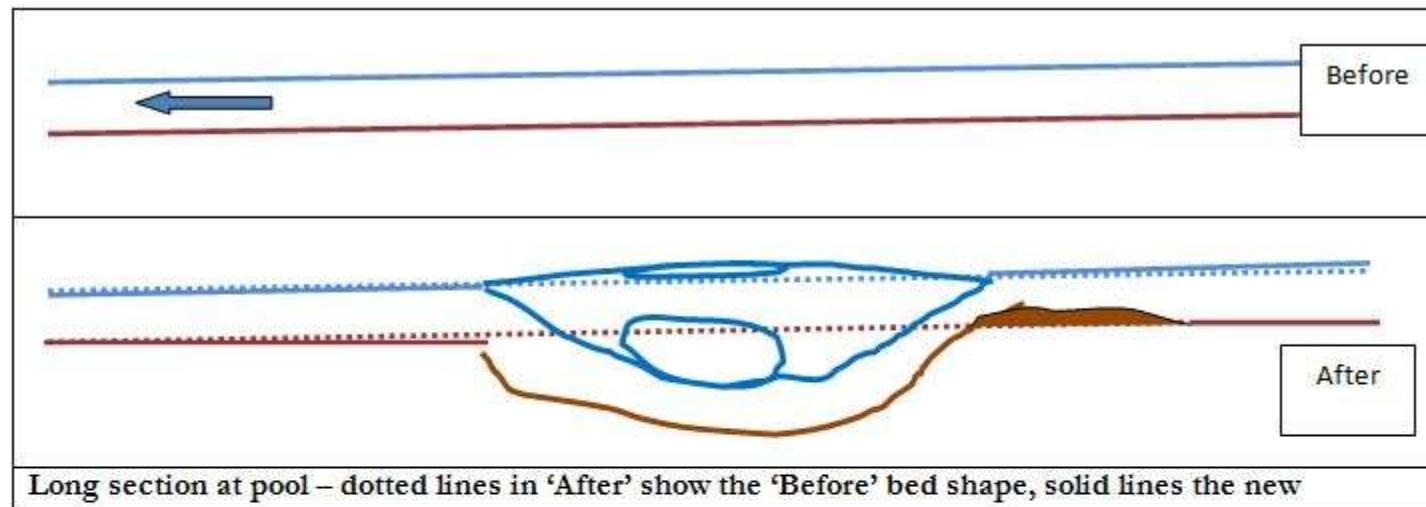


EXISTING: Even gradient
across and along channel

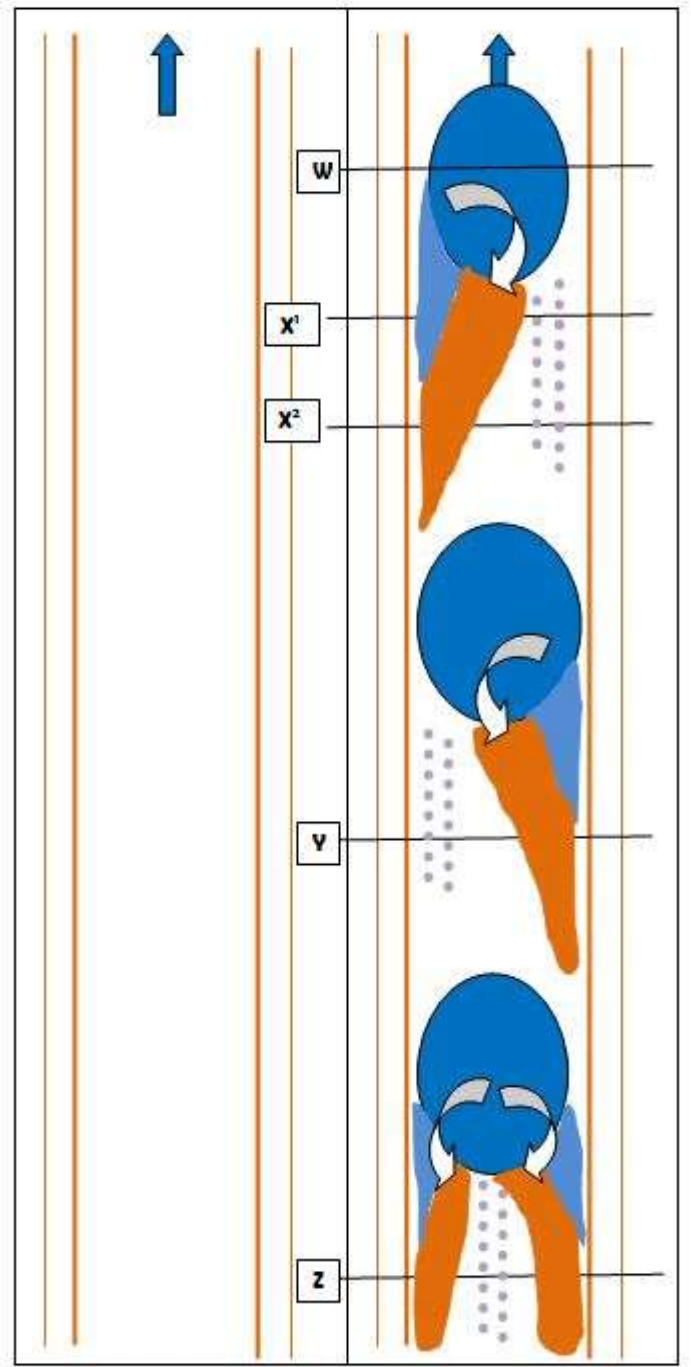
Option A. Pool dug and
spoil used to form upstream
double deflectors

Option B. Pool dug and
spoil used to form upstream
single deflector – shown on
left bank

KEY ELEMENTS: UNDOING ENGINEERED UNIFORMITY (X & LS)



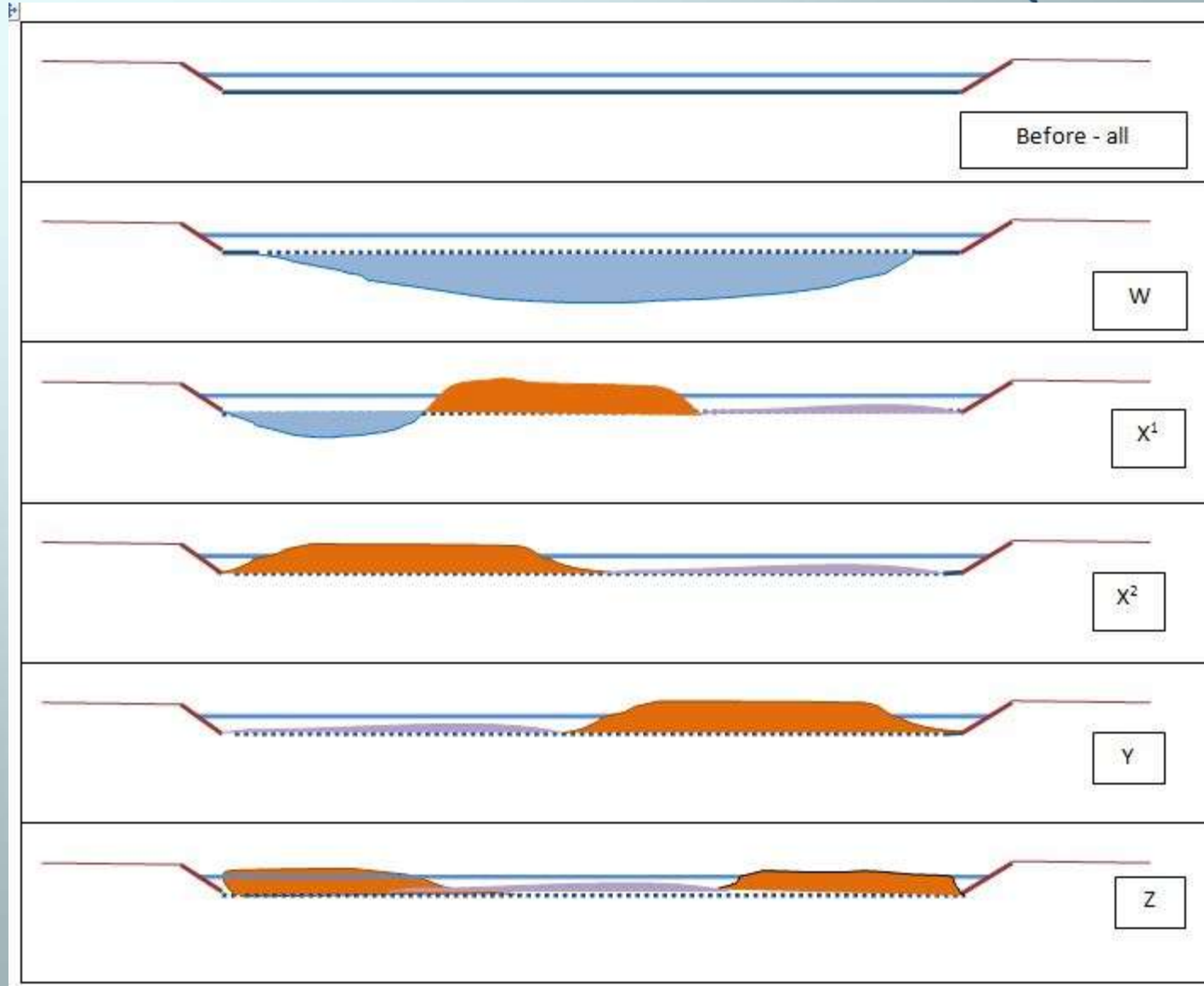
Cross-section through pool and run formations



KEY ELEMENTS: UNDOING ENGINEERED UNIFORMITY (X & LS)

Most often asked
question: How
big/deep should
the pool be?

KEY ELEMENTS: UNDOING ENGINEERED UNIFORMITY (X & LS)



Existing indicative long section through Nar where woody debris dam installed; bed shown in black and the water level in blue.....flood height in dotted blue line.



Debris dam in place during low-moderate flow; no influence.



Debris dam in place during flood event; temporary differential in height upstream and downstream creates greater scour into pool and (hopefully) formation of gravel spawning habitat downstream in the future

Schematic long-sections through installed woody-debris dam

EXISTING; PLANFORM



IMPLEMENTED; PLANFORM

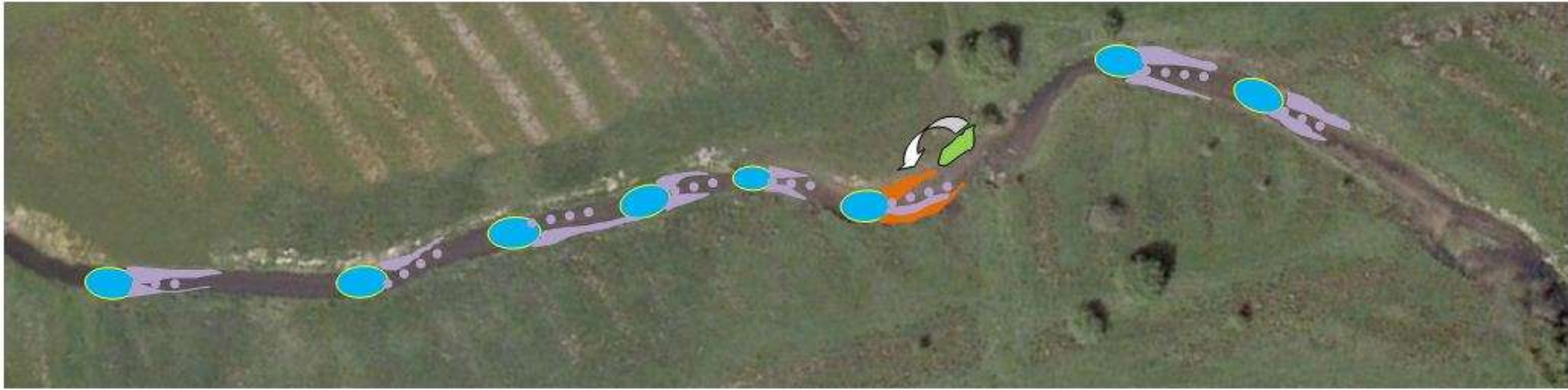
EXISTING; CROSS-SECTION WHERE WOODY DEBRIS DAM INSTALLED



IMPLEMENTED; CROSS-SECTION WITH WOODY DEBRIS DAM INSTALLED; Note ends embedded into banks and secured firmly (thus only done where water voles not present).

KEY ELEMENTS:
UNDOING
ENGINEERED
UNIFORMITY (X
& LS)

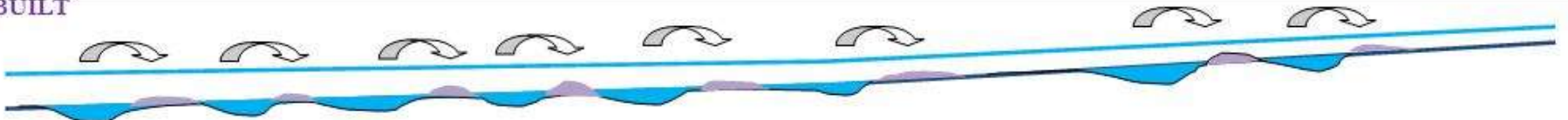
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EXISTING

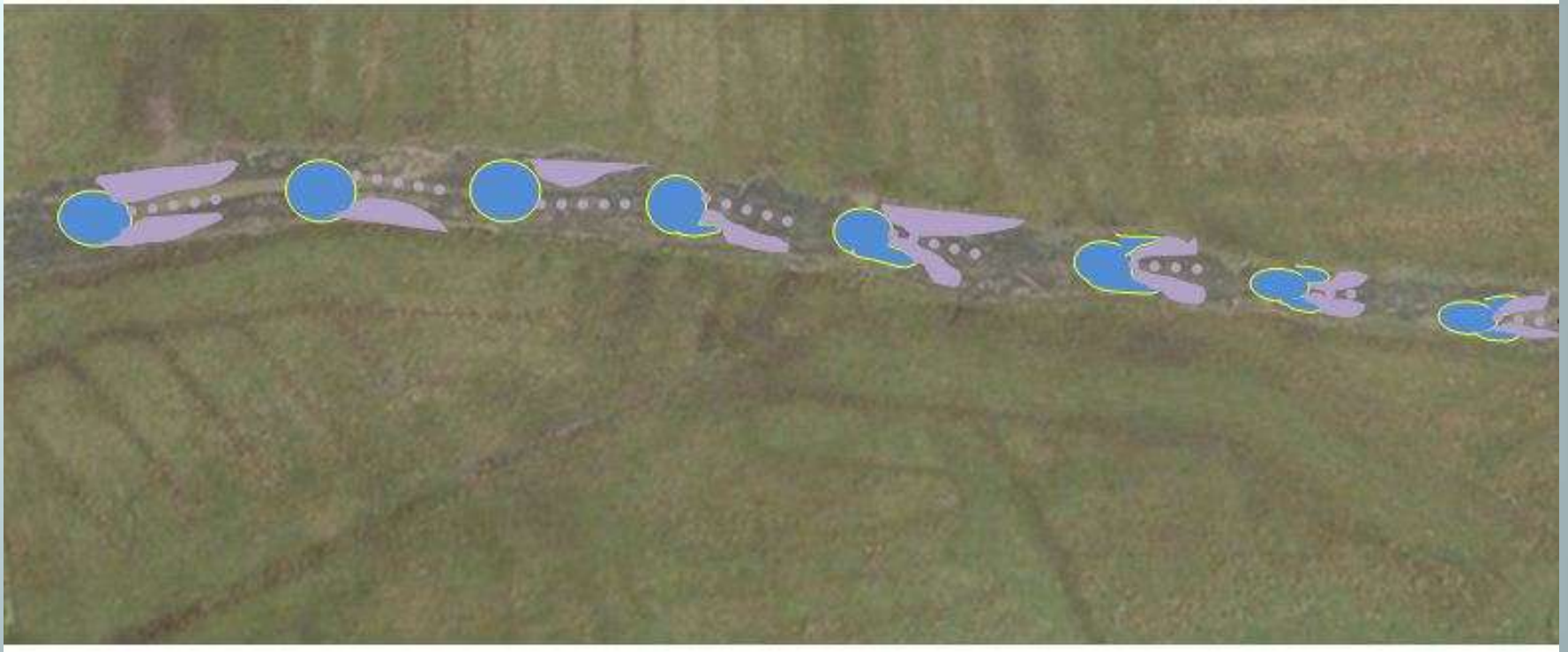


AS BUILT



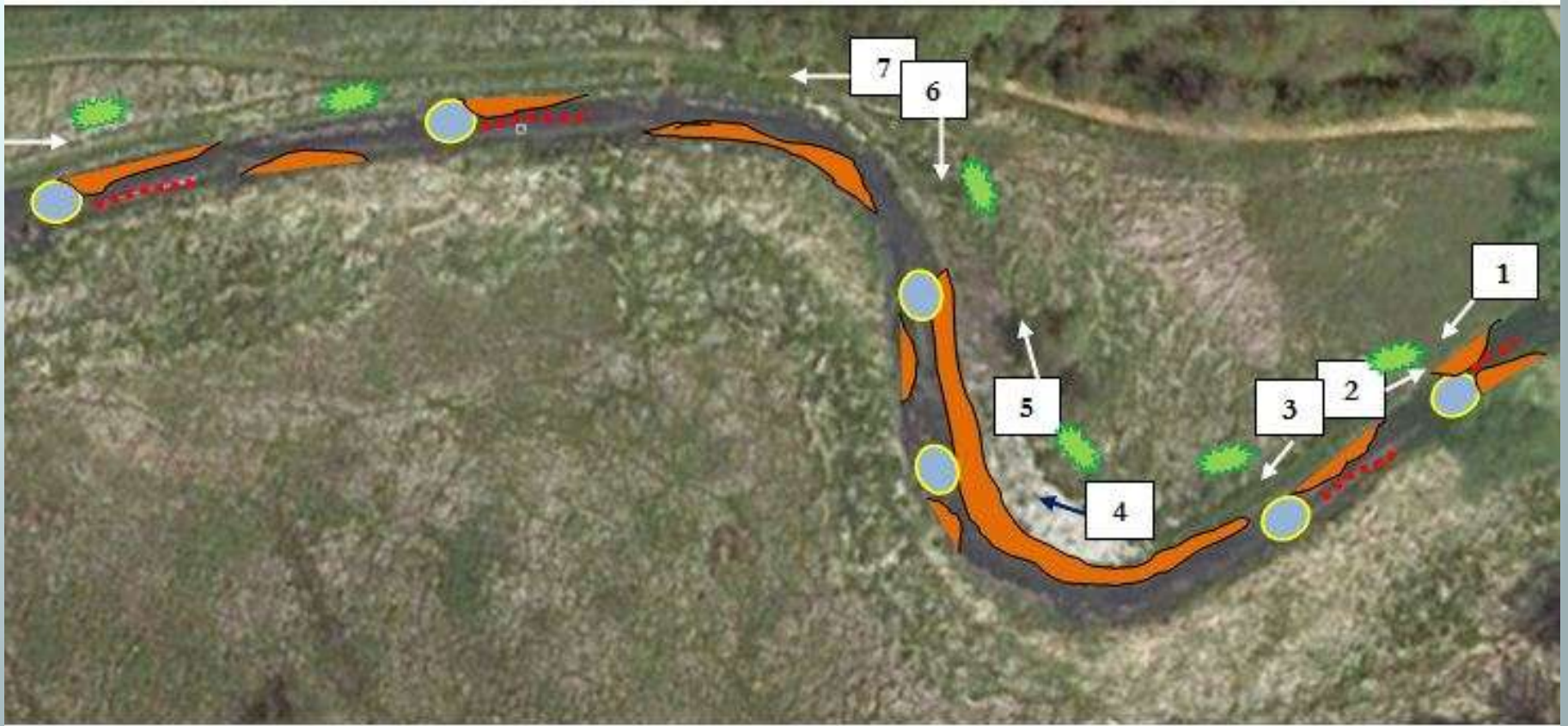
Example where banks and riparian zone cannot be touched

KEY ELEMENTS: UNDOING ENGINEERED UNIFORMITY (X & LS)



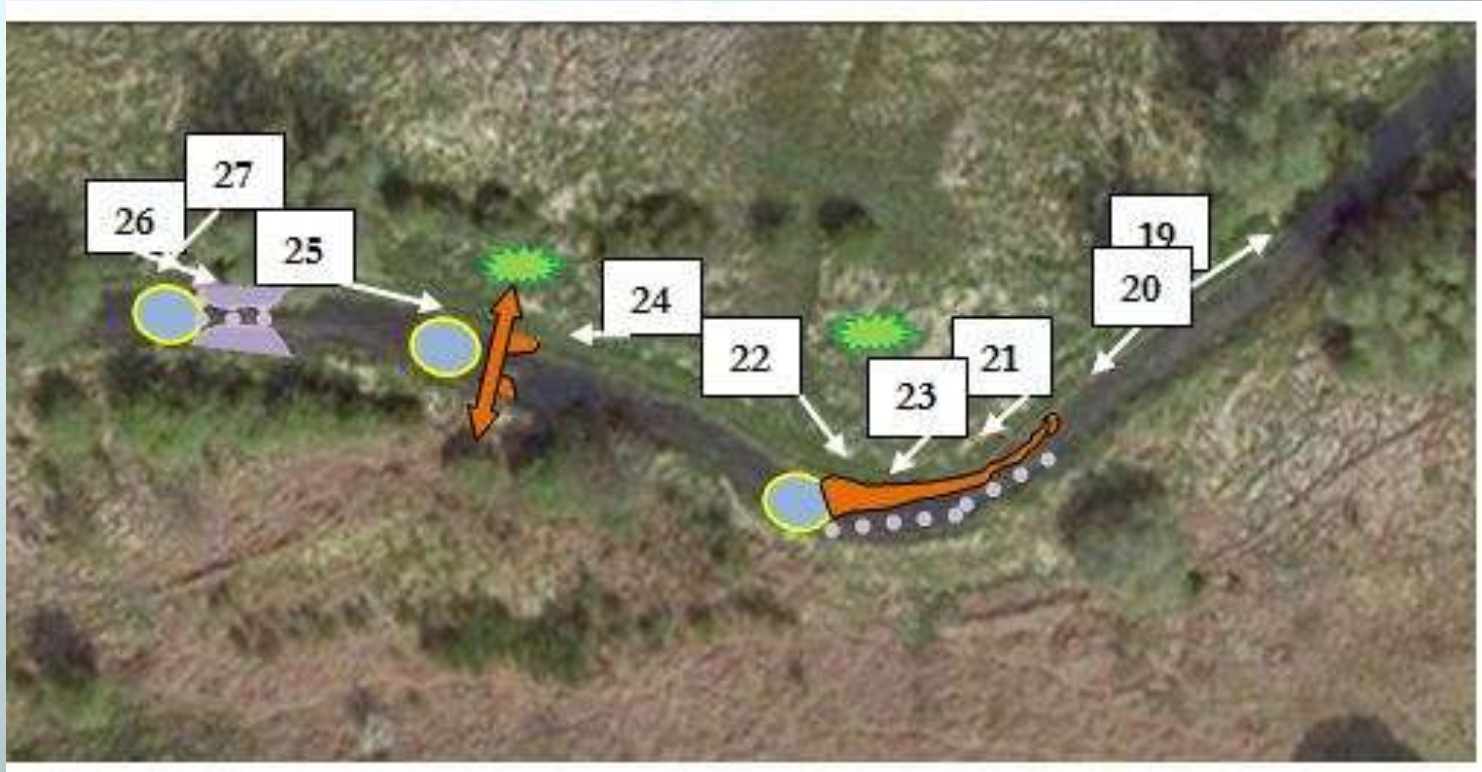
Example where very wide; incorporation of backwaters

KEY ELEMENTS: UNDOING ENGINEERED UNIFORMITY (X & LS)



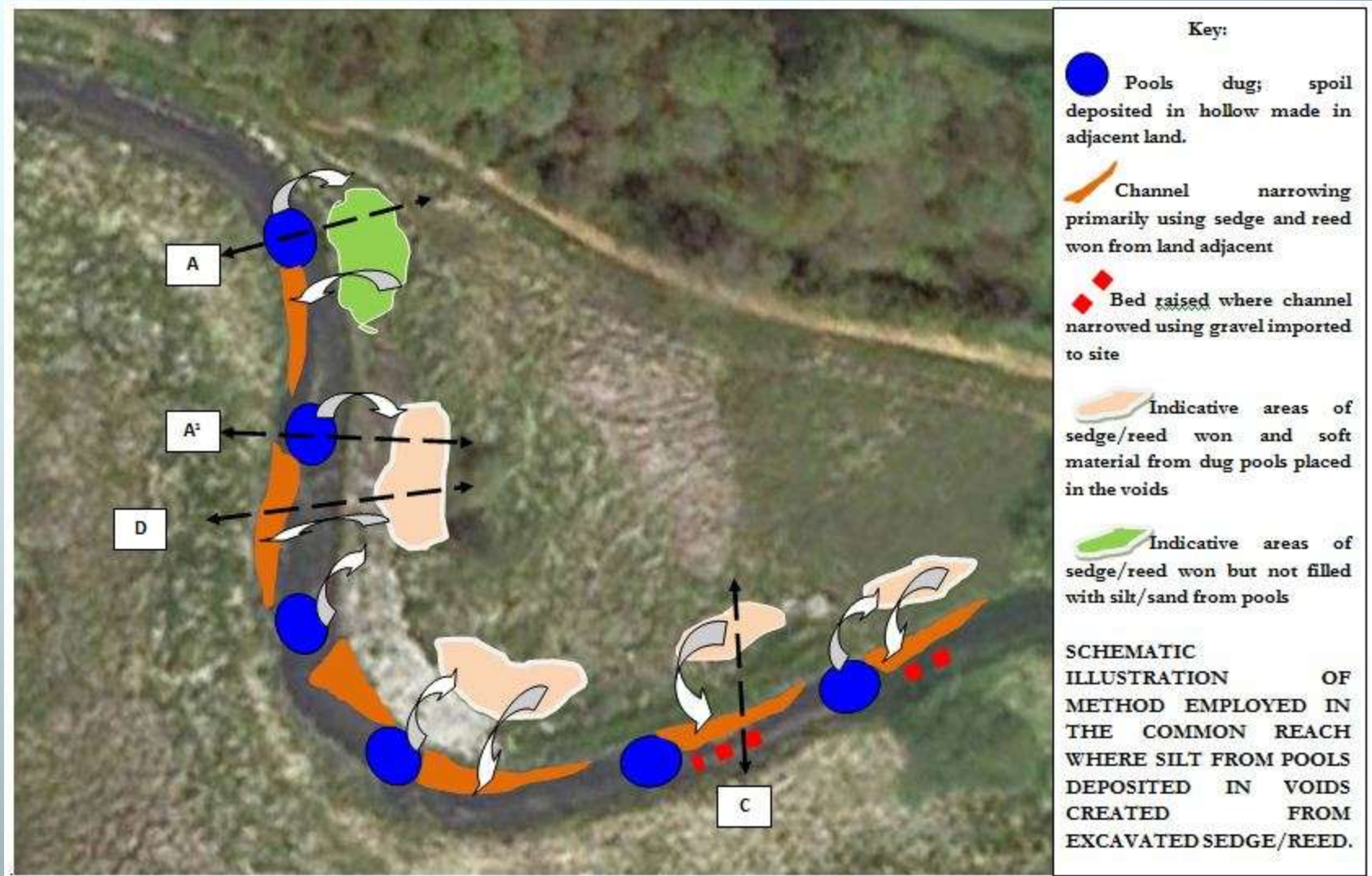
Example riparian zone cannot be used (not banks);
accentuating natural process and associated features; **no gravel**
so some imported

KEY ELEMENTS: UNDOING ENGINEERED UNIFORMITY (X & LS)



As previous but: gravel present so used in narrowing/riffle formation AND woody debris dam installed

KEY ELEMENTS: UNDOING



Getting rid of silt in over-wide channel!!

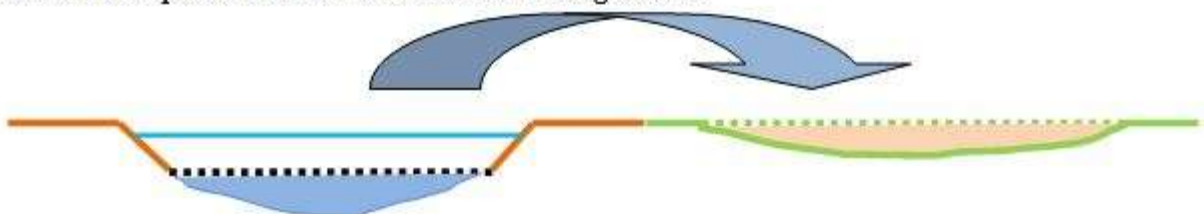
Pre-works indicative cross-section (all sections) looking DOWNSTREAM



Indicative cross-section 'A': Pool dug; adjacent land provides sedge for channel narrowing and left; void on right formed when sedge used to narrow channel upstream of the dug pool



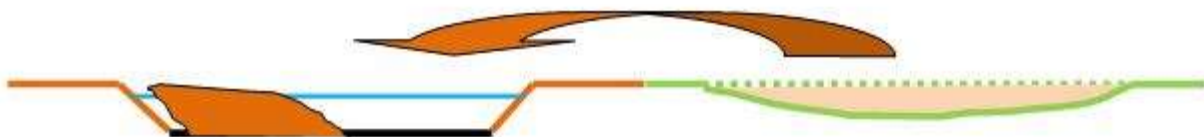
Indicative cross-section 'A': Pool dug; adjacent land provides sedge for channel narrowing and soft sediment from pool added to the void and left to regenerate



Indicative cross-section 'C': Channel narrowed on right side; imported gravel added to raise bed slightly and form suitable spawning habitat; adjacent land provides sedge for channel narrowing and void filled with silt/sand from pools and left to regenerate. NOTE GAP BETWEEN BANK AND INFILL – TREATMENT TO PROTECT WATER VOLE HABITAT



Indicative cross-section 'D': Channel narrowed on left side; no gravel added; adjacent land provides sedge for channel narrowing and soft sediment from adjacent pool added to the void and left to regenerate. AGAIN GAP LEFT AS TREATMENT TO PROTECT WATER VOLE BURROWS.



KEY
ELEMENTS:
UNDOING
ENGINEERED
UNIFORMITY
(X & LS)

NAR BEFORE AND AFTERS



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NAR FEATURES





**NAR MEET
THE TWO
VEG!!**



2. ILLUSTRATIONS FROM PREVIOUS PROJECTS: PROVEN LONGEVITY AND SUCCESS

- Darent: 7 years on
- Itchen: 2 years on
- Nar Drain!!: 1 year on

DARENT: 7 YEARS ON



DARENT: 7 YEARS ON



DARENT: 7 YEARS ON



DARENT: 7 YEARS ON



ITCHEN: 2 YEARS ON



ITCHEN: 2 YEARS ON



ITCHEN: 2 YEARS ON



ITCHEN: 2 YEARS ON



ITCHEN: 2 YEARS ON



NAR DRAIN!!:



NAR DRAIN!!



NAR DRAIN!!!: 4 MONTHS ON



3. ACCOLADES

- WTT: Andy Thomas 2011.....'want to do something more adventurous than the usual DIG AND DUMP'
- Itchen: WTT award 2011 (shared and also recognised importance of biological response and monitoring)

3. THANKS

- Kind & Trusting Consenting Officers!!
- Landowners
- Funders
- GREAT DIGGER DRIVERS!!